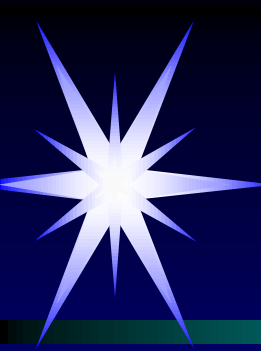


# Kentucky Partnership for Families and Children, Inc.

KPFC's vision is to improve the quality of life for children, youth, and young adults facing emotional, social, and behavioral challenges and to encourage the healthy functioning of their families.



# KPFC's Mission

To assist families with children who have emotional, social, and behavioral challenges.

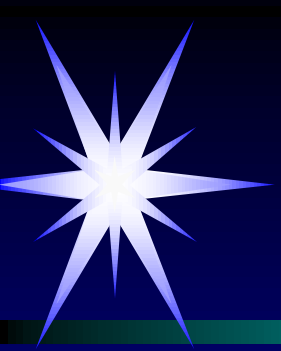
KPFC is dedicated to nurturing hope for futures through:

- **education** to individuals, their families, the professionals that serve them, and the public;
- **advocacy** to improve outcomes and quality of life for children, youth, and young adults; and
- **reaching out** to groups that do not receive adequate services.



## KPFC's works to:

- Effect policy changes at the state-level
- Educate legislators about the needs of children with severe emotional, behavioral, and/or mental health disabilities
- Improve services so that all children and families will be able to receive appropriate services in their home communities
- Give a voice to the youth that live with these disabilities every day



# KPFC's board of directors

KPFC's board consists of 21 – 31 members:

**12 – 18 parent representatives** from each of the IMPACT regions and a minimum of **seven agency affiliated representatives** from child/family serving agencies.

## Executive Committee:

- LeAnn Magre, Chair
- Joy Varney, Vice Chair
- Tamara Tatum, Treasurer
- Allie Rigsby, Secretary
- Anna Winchell

- Center for School Safety
- Mental Health professional
- Advocacy agency
- Department of Education
- Vocational Rehabilitation
- Department of Juvenile Justice
- Children's Alliance
- Department for Community Based Services
- Private child care agency
- Administrative Office of the Courts
- FRYSC



# KPFC's Advisory Councils

## Support Group Delegates

Support groups from around the state may select a representative to participate on KPFC's Delegate Advisory Council.

## Youth Council

The Youth Council consists of fifteen members between the ages of 14 and 24 years old that have an emotional, behavioral, and/or mental health disability.



# KPFC Support Group Delegates

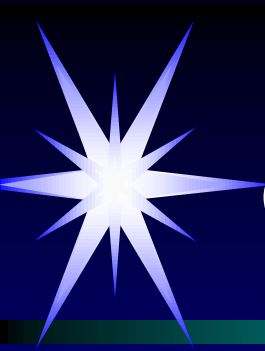
## The delegates are:

- Parent leaders in their communities
- Liaisons between KPFC and parents

## KPFC provides:

- Technical assistance
- Legislative and regulatory information
- Educational opportunities
- Public awareness strategies
- Leadership trainings





# Goals of KPFC's Youth Council

- Reduce the stigma related to children's mental disabilities
- Improve their own leadership skills
- Provide united voice to advocate on behalf of themselves and other youth with similar disabilities
- Find a peer group that can provide support

**KPFC partners with CMHC to establish regional Youth Councils. If your region is interested, please contact Kate at [kate@kypartnership.net](mailto:kate@kypartnership.net).**



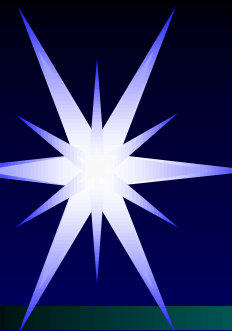
# KPFC's major goals

➤ Education

➤ Advocacy

➤ Outreach





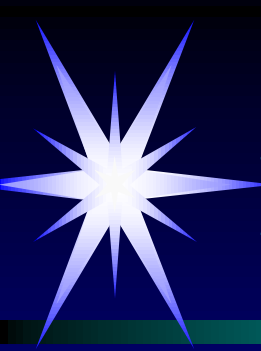
Education gives parents and professionals the tools to better meet the needs of “our” youth.

- Mental Health Sensitivity Curriculum
- Train “Partnering with Parents” for Service Coordinator’s 101.
- Youth Council presentations at state-level conferences
- Presentations on:
  - **Educational Advocacy**
  - Adolescents
  - Partnering with Parents
  - Peer Sensitivity
  - Surviving Children with Bipolar Disorder in the Home and Classroom
  - Surviving Challenging Behaviors
  - Reactive Attachment Disorder



# Advocacy allows the parent and youth voice to be heard.

- Disseminating legislative information
- Disseminating legislative handbooks
- Sharing public awareness activities
- Provide trainings on advocacy skills
- Provide a parent and youth voice on a multitude of state-level committees.
- Help system partners build a “family-driven” and “youth-guided” system of care.



# Family-driven and Youth-guided

1. Environment that supports Family Involvement
2. Families Involved in Treatment, Planning, and Evaluation for their family
3. Opportunities to connect with other families and youth
4. Opportunities to develop leadership skills
5. Involved as policy makers and advocates
6. Involved in Research and Evaluation Activities



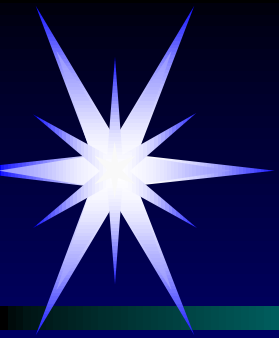
## Definition from Federation of Families for Children's Mental Health:

Family-driven means families have a **primary decision making** role in the care of their own children as well as the **policies and procedures** governing care for all children in their community, state, tribe, territory and nation.

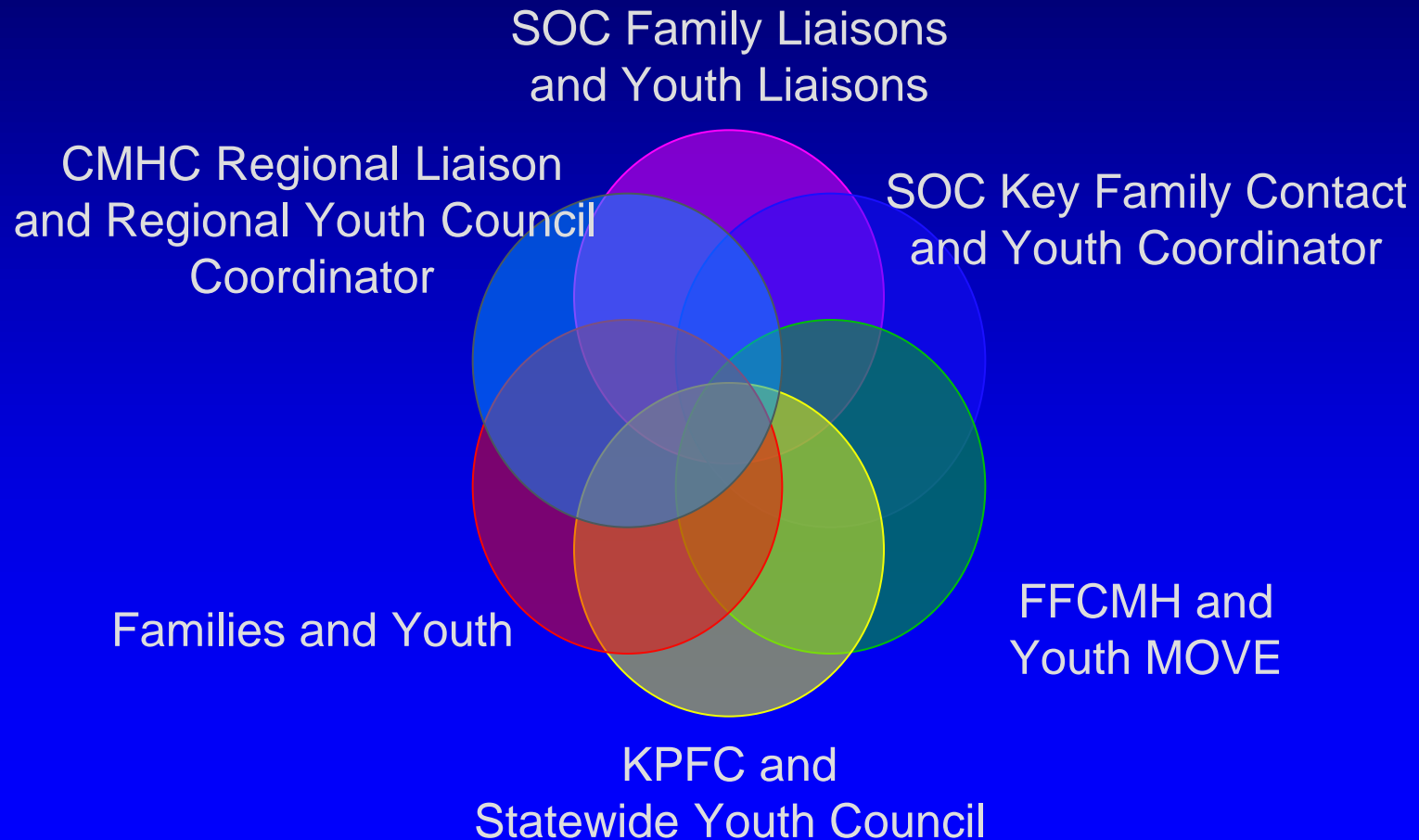
This includes:

- Choosing supports, services, and providers;
- Setting goals;
- Designing and implementing programs;
- Monitoring outcomes;
- Partnering in funding decisions; and
- Determining the effectiveness of all efforts to promote the mental health and well being of children and youth.

**Youth-guided parallels the “family-driven;”  
youth being involved at all levels of the system!**



# System of Care Family/Youth Involvement





# Outreach

- Hosting monthly social club meetings for teenagers with Asperger's disorder and their families
- Regional Youth Councils work toward transitional/independent living skills
- **In the process of hiring two Family Liaisons: one would work in the area of substance abuse/co-occurring disorders and the other would work in early childhood.**



# KPFC's funding:

- ☞ SAMHSA's Statewide Family Network Grant
- ☞ Contract with DMHMRS
- ☞ Provide services for KEYS (SOC grant site)
- ☞ Fee for service contracts
- ☞ Fundraising efforts
- ☞ Donations





# Fundraising strategies:

- ❑ Kroger cards (KPFC receives 4% of re-charges)
- ❑ Donation form on back page of newsletter
- ❑ Silent Auctions throughout the year

If you would like to help support KPFC, just let me know—you can donate a basket for the auction, purchase a Kroger card, or make a monetary donation!





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