



# ACCESS TO EARLY CHILDHOOD SERVICES FOR CHILDREN AND FAMILIES PRENATAL THROUGH AGE 5



The guide is color coordinated in order to highlight linkages between early childhood services. For example, the gold color denoting the medical category is a possible referral source under other categories.



## FAMILY (lifespan)

Families have a primary decision making role in the care of their own children as well as the policies and procedures governing care for all children in their community

- Choosing culturally and linguistically competent support and service providers
- Setting goals
- Designing, implementing, and evaluating programs
- Monitoring outcomes
- Partnering in funding decisions

## CHILD DEMONSTRATES A NEED

## PARENTS/CAREGIVERS

• Respond to a child's needs by providing care and seeking additional resources

- HEALTH INSURANCE**
  - Medicaid/KCHIP
  - Private Insurance
- NATURAL SUPPORTS**
  - Relatives, Friends, Teachers, & Other Community Partners
- COMMUNITY SERVICE PROVIDERS**

- SEEK ADDITIONAL SUPPORT**
- ADVOCACY**
- MONITOR PROGRESS**
- DECISION MAKING**

**DEPARTMENT FOR COMMUNITY BASED SERVICES**  
 DIVISION OF FAMILY SUPPORT Supplemental Nutrition Assistance Program, Kentucky Transitional Assistance Program, & Medicaid  
<http://chfs.ky.gov/dcb/dfs/>

**FAMILY RESOURCE YOUTH SERVICE CENTERS (FRYSC)**  
 Located in public schools to promote healthy growth & development of children by assisting families to identify and address barriers to child's success in school. • <http://chfs.ky.gov/dfrv/frysc>

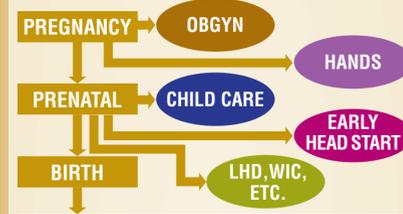
**COMMUNITY ACTION AGENCIES**  
 Provide direct social services to families with low & moderate incomes • [www.kaca.org/Home.aspx](http://www.kaca.org/Home.aspx)

**UK EXTENSION SERVICES**  
 Located in each county to develop and strengthen families and build communities.  
[www.ca.uky.edu/county](http://www.ca.uky.edu/county)



## MEDICAL, DENTAL, AND SOCIAL EMOTIONAL SERVICES

**NOTE:** If considering pregnancy abstain from alcohol, tobacco and other drugs from conception to birth, also take folic acid before pregnancy



**PRIMARY CARE MEDICAL & DENTAL SERVICES**

**PREVENTIVE CARE**  
 Available through Medicaid/KCHIP's EPSDT or Private Insurance (Immunizations & Well Child Exams including dental, vision, hearing screens)

**LOCAL HEALTH DEPARTMENTS (LHD)**  
 WIC, Nutrition, Breastfeeding, Well Child Exam & Dental Services

**SPECIALITY CARE**  
 Available through Medicaid/KCHIP's EPSDT or Private Insurance (Ear Nose & Throat Specialist, Audiologist, Ophthalmologist, Occupational, Physical, Speech Therapy, & other Medical Specialists etc.)

**Commission for Children with Special Health Care Needs**

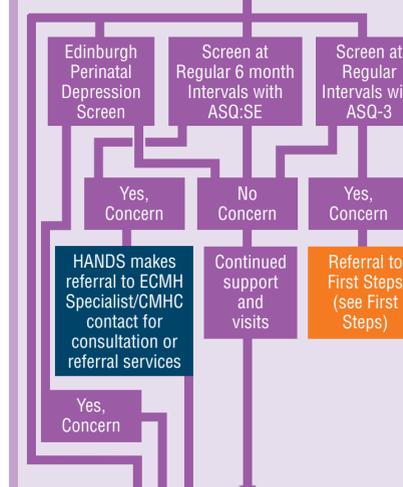
**DENTAL SERVICES**  
 Available through Medicaid/KCHIP's EPSDT or Private Insurance (Exams, X-Rays, Cleanings, fluoride, fillings, extractions, speciality care, etc.)

**SOCIAL-EMOTIONAL OR BEHAVIORAL HEALTH PROVIDER**  
 Available through Private Insurance or Medicaid/KCHIP's EPSDT from Community Mental Health Center DEPARTMENT FOR BEHAVIORAL HEALTH, DEVELOPMENTAL & INTELLECTUAL DISABILITIES  
<http://mhmr.ky.gov>



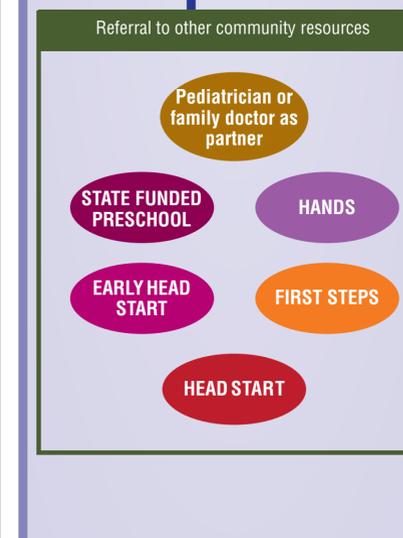
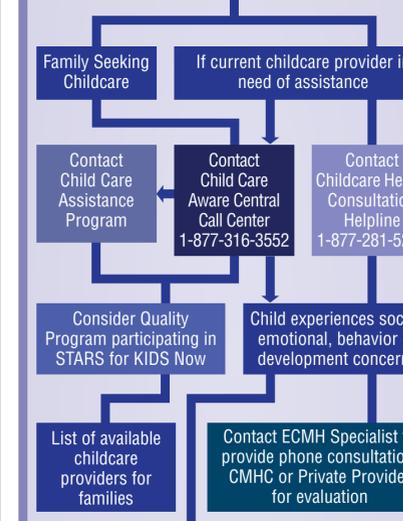
## HANDS (age prenatal – 3)

**HOME VISITING PROGRAM** – through local health departments for first time moms or first time dads beginning at conception to improve both health and social outcomes.  
[www.chf.ky.gov/dph/mch/ecd/hands.htm](http://www.chf.ky.gov/dph/mch/ecd/hands.htm)



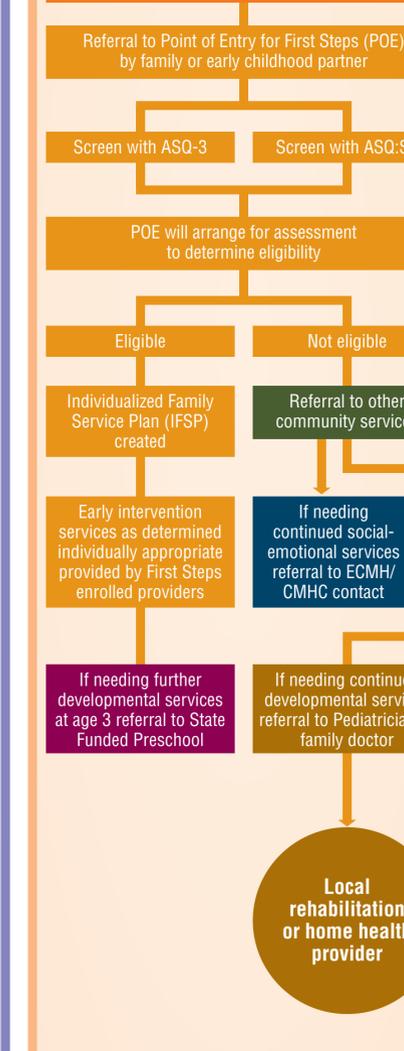
## CHILDCARE (ages 6 weeks to 5+)

Any licensed childcare center, certified family home or private preschool provider  
[www.chfs.ky.gov/dcb/dcc](http://www.chfs.ky.gov/dcb/dcc)



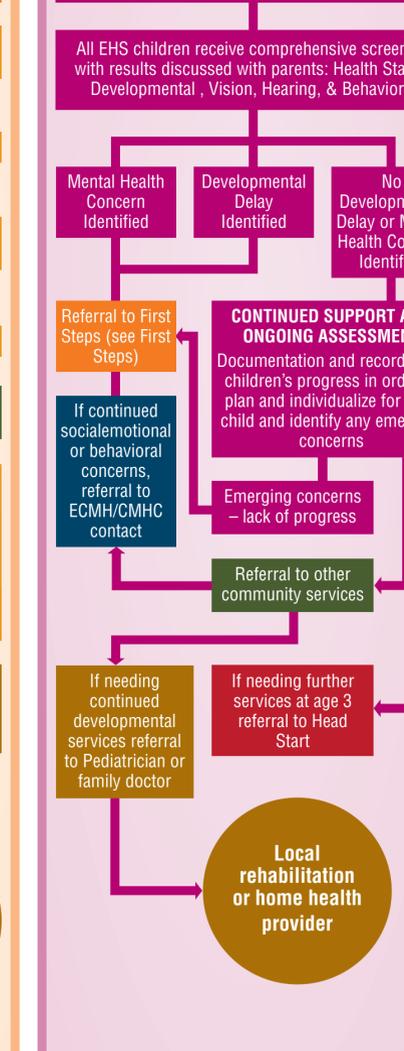
## FIRST STEPS (ages 0 to 3)

Early intervention system for children with developmental delays or conditions known to cause developmental delays (primarily in home)  
[www.chfs.ky.gov/dph/firststeps/](http://www.chfs.ky.gov/dph/firststeps/)



## EARLY HEAD START (ages 0 to 3)

A federally funded program for economically disadvantaged children (programs designed locally based on community needs; may be center based or home visiting program) • [www.khsa.org](http://www.khsa.org)

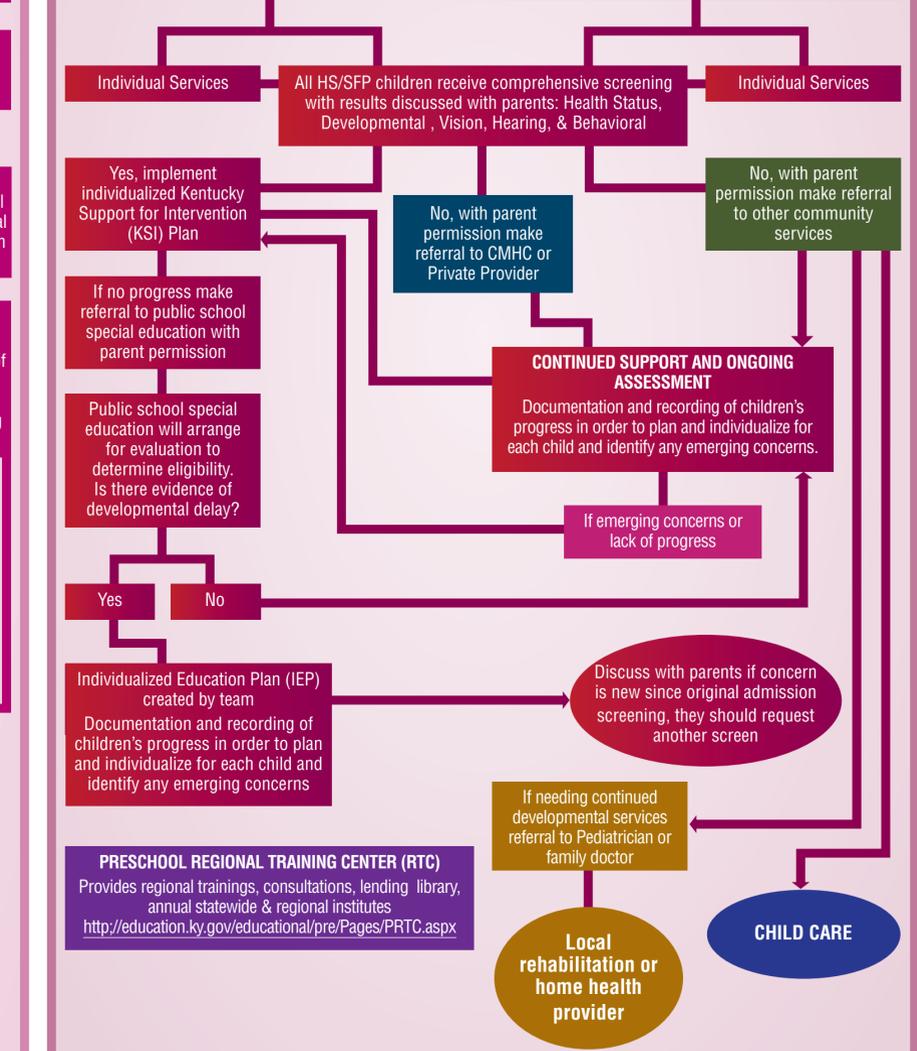


## HEAD START (ages 3-4)

A federally funded program for economically disadvantaged children (programs designed locally based on community needs; program times may vary locally) • [www.khsa.org](http://www.khsa.org)

## STATE FUNDED PRESCHOOL (ages 3-4)

Preschool is for 3 and 4 year olds with disabilities, as well as income eligible 4 year olds (typically center based 1/2 day program) • <http://education.ky.gov/educational/pre/Pages/default.aspx>



## ACCESS TO EARLY CHILDHOOD SERVICES FOR CHILDREN AND FAMILIES PRENATAL THROUGH AGE 5

**PURPOSE:** to help service providers and families refer young children to appropriate programs and community services that are designed to support families with children from the prenatal stage through age five.

**VISION:** to improve the integration of medical, educational, social-emotional and developmental services for families while establishing the need for family involvement and family driven care.

**GOAL:** to improve the promotion, prevention, transition and treatment of children and families.

### FAMILY

#### Family Support Resources

For more information on Family resources, please see link to KPFC <http://www.kypartnership.org/>

### MEDICAL, DENTAL, & SOCIAL-EMOTIONAL SERVICES

#### Medicaid

1-800-635-2570 • <http://chfs.ky.gov/dms/default.htm>

**KCHIP: Kentucky Children's Health Insurance Program** is for children under the age of 19 who do not have health insurance and whose family income is below 200 percent of the federal poverty level  
<http://www.kidshealth.ky.gov/en/kchip/>

**EPSDT: Early Periodic Screening, Diagnosis, and Treatment** – provides preventative health care for children and teens; specialty health care for medically necessary services.  
<http://chfs.ky.gov/dms/services.htm>

**LHD: Local Health Departments** – provide WIC, nutrition, breastfeeding, and other women's health services. LHD also provide pediatric health services including child physicals, immunizations, fluoride varnish, lead screening and case management, and infectious disease services.  
<http://chfs.ky.gov/dph/Local+Health+Department.htm>

**WIC: (Women, Infants, and Children) Nutritional Support Program** – Administered by LHD; provides a monthly food package, nutrition education, and access to maternal, prenatal and pediatric health care services to low-income pregnant, breastfeeding and postpartum women, infants and children up to age 5.  
<http://chfs.ky.gov/dph/mch/ns/wic.htm>

**Commission for Children with Special Health Care Needs** – provides care for children with physical disabilities.  
1-800-232-1160 • <http://chfs.ky.gov/ccshcn/>

#### Four points of early childhood dental health:

- First dental visit by age one.
- Robust and dependable oral hygiene by the parent to the child
- Periodic application of fluoride varnishes
- Routine dental care in the early years because even primary teeth are important

### CHILDCARE

**CCAP: Child Care Assistance Program** – provides subsidy program for low income families  
<http://chfs.ky.gov/dcbs/dcc/ccap.html>

**Child Care Aware of Kentucky** – provides parent referrals and access to professional development opportunities and resources  
<http://www.kentuckypartnership.org/childcareaware.aspx>

**CECC: Community Early Childhood Councils** – Improving school readiness for every child in every community  
<http://kidsnow.ky.gov/mobilizing-communities/pages/default.aspx>

**STARS for KIDS Now** – Kentucky's voluntary quality rating improvement system  
1-800-421-1903 • <http://chfs.ky.gov/dcbs/dcc/stars>

**CCHC: Child Care Health Consultation** – Technical assistance of childcare providers for health, safety, nutrition  
1-877-281-5277 • [www.kentuckyccchc.org](http://www.kentuckyccchc.org)

**ECMH: Early Childhood Mental Health Program** – consist of regional ECMH Specialists who provide consultation and training to child care providers regarding social, emotional and behavioral issues. Also provide evaluation, assessment, and therapeutic services for children from birth through the age of 5 and their families • <http://mhmr.ky.gov/mhsas/Early%20Childhood%20MH.asp?sub1>

**Kentucky Partnership for Early Childhood Services**  
<http://www.kentuckypartnership.org/Home.aspx>

### DEPARTMENT FOR BEHAVIORAL HEALTH, DEVELOPMENTAL & INTELLECTUAL DISABILITIES

**CMHC: Community Mental Health Centers or Comprehensive Care Centers**  
<http://chfs.ky.gov/dms/Community+Mental+Health+Centers.htm>

**ECMH Services: Through ECMH Program** – CMHC have providers trained to work with children 5 years of age and younger and their families. (See CMHC website)

**KY IMPACT** – program which utilizes service coordination to wrap services around children with severe emotional disabilities  
<http://mhmr.ky.gov/mhsas/KY%20Impact.asp>

**RIAC: Regional Interagency Councils** – are a part of KY IMPACT and provide regional guidance to services for children struggling with social-emotional issues and their families

**Impact Plus** – program for children at risk for entry into foster care or institutionalization  
<http://mhmr.ky.gov/mhsas/IMPACT%20Plus.asp>

**KIDS Now Plus** – case management services for pregnant women at risk for SA, MH, and DV problems  
(800) 374-9146 • <http://cdar.uky.edu/KIDSNOW/Welcome.html>

### STATE RESOURCES FOR AUTISM

#### Kentucky Autism Training Center:

<https://louisville.edu/education/kyautismtraining>

#### This was made possible by:

- Early Childhood Comprehensive Systems Grant (ECCS grant through DPH, MCH Division)
- Kentucky Partnership for Families and Children, Inc. (KPFC)
- Kentucky's System to Enhance Early Development (KY SEED)

#### Developed in Conjunction with:

- Kentucky Partnership for Families and Children, Inc., Early Childhood Family Support Network Committee
- Department of Public Health, Division of Maternal and Child Health
- Governor's Office of Early Childhood
- Department for Community Based Services, Division of Child Care
- Department for Behavioral Health, Developmental & Intellectual Disabilities
- Kentucky Department of Education, Office of Next Generation Learners

### NATIONAL WEBSITE RESOURCES

**American Academy of Pediatrics:** <http://www.aap.org/>

**American Academy of Child and Adolescent Psychiatry:**  
<http://www.aacap.org/>

**Substance Abuse Mental Health Services Administration:** <http://www.samhsa.gov/>

**Zero to Three:** <http://www.zerotothree.org/>

**National Federation for Families:** <http://www.ffcmh.org/>

**National Institute of Mental Health:**  
<http://www.nimh.nih.gov/index.shtml>

**Center for Child and Human Development:**  
<http://gucchd.georgetown.edu/>

**Autism Speaks:** <http://www.autismspeaks.org/>

**First Signs:** <http://www.firstsigns.org/>

**Learn the Signs. Act Early:**  
<http://www.cdc.gov/ncbddd/actearly/index.html>

**Autism Society of America:** <http://www.autism-society.org/>

## LOCAL CONTACTS

 Please write in local contact information where applicable

**Local Health Department Number:** <http://chfs.ky.gov/dph>

**HANDS Coordinator (in LHD):**

**First Steps Point of Entry:** KY 1-800-442-0087

**DCBS Family Support Office:** <http://chfs.ky.gov/dcbs/dfs>

**Community Action Agency:** 1-800-456-3452

**Governor's Office of Early Childhood:** 502-782-0200 (<http://kidsnow.ky.gov>)

**Head Start or Early Head Start Coordinator:** [www.khsa.org](http://www.khsa.org)

**Local School District:** <http://education.ky.gov/comm/schdist/Pages/default.aspx>

**State Funded Preschool Local Coordinator:**

**Child Care Resource & Referral Agency:** 1-877-316-3552

**Child Care Health Consultation:** 1-877-281-5277

**Community Mental Health Center:** 888-705-0463

**Early Childhood Mental Health Specialist:** <http://mhmr.ky.gov/mhsas/Early%20Childhood%20MH.asp?sub1>

**Home Health Providers:**

**Local Rehabilitation Provider:**

**Prevent Child Abuse Kentucky:** 859-225-8879 ([www.pcaky.org](http://www.pcaky.org))

**Abuse Hotline:** 800-752-6200

**Poison Control:** 800-222-1222

**Injury Prevention/SAFE KIDS Coalition:** <http://www.kiprc.uky.edu/projects/paipp/safekidsjune2011.pdf>

**KY Dept. for Libraries & Archives:** <http://kdla.ky.gov/librarians/Pages/LibraryDirectory.aspx>

**Early Hearing Detection & Intervention:** 877-757-4327

**Visually Impaired Preschool Services (VIPS):** 1-888-636-8477

**Commission for Special Health Care Needs (CCSHCN):** 1-800-232-1160

**Other:**

For more information or questions contact:



Assisting Children and Youth With Behavioral Health Challenges

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[www.kypartnership.org](http://www.kypartnership.org)