



Adolescent Recovery Day

January 24, 2019 1 - 4 p.m. ET
Capital Plaza Hotel

Recovery is a process.

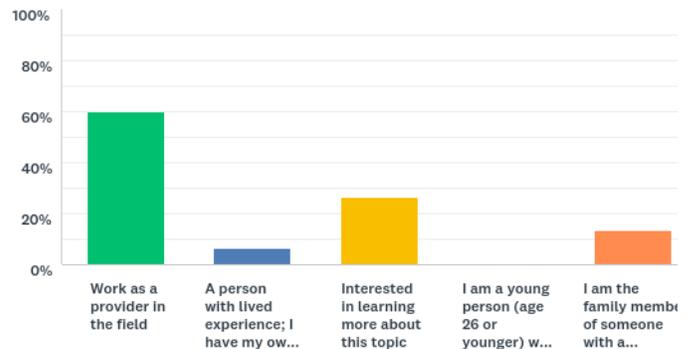
- It takes time.
- It takes patience.
- It takes everything you've got!

1:00 Sign in, get refreshments & visit exhibit tables
1:10 Welcome
1:15 Judge Prewitt
Melissa Sewell
Danielle Matlock
2:00 National Drug & Alcohol IQ Challenge
2:30 Morgan Jones
Cathlynn Dugger
2:50 Panel
3:30 Closing thoughts & door prizes



Participants: 67 participants

Q4 What was your role in attending the event?



Speaker Bios

Felicity Krueger is a fifteen-year old, home-schooled high school student from Adair county. She is a member of the Kentucky Youth MOVE. Her interests include photography, sign language and raising chickens. She enjoys spending time with her dog Poppy and looks forward to Girl Scout camp each summer where she is a counselor in training.



Judge Cathy Prewitt is the chief judge of the District Court for Whitley and McCreary Counties. A large part of her docket includes juvenile delinquency and dependency, neglect and abuse cases. She works with the local schools by conducting truancy diversion and drug court diversion programs. Judge Prewitt is also a passionate supporter and leader in the Reclaiming Futures program in partnership with Cumberland River Behavioral Health.



Melissa Sewell is the Reclaiming Futures Coordinator. She coordinates services for adolescents referred to the program. She also works closely with Judge Prewitt to bridge the gap between mental health services and the criminal justice system.



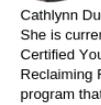
Danielle Matlock is an Licensed Clinical Social Worker employed with Cumberland River Behavioral Health. She is currently the Intensive Outpatient (IOP) therapist for Reclaiming Futures participants and Top Program Manager of the agency.



Tara Moseley is a graduate student at the University of Louisville, and has completed a bachelor's degree in political science, Public Policy and Pre-Law. Tara is also a person in long term recovery and has been in recovery since 2011. She established a Young People in Recovery (YPR) chapter in her community in Louisville, Kentucky.



Morgan Jones is a former participant of the Reclaiming Futures Program who has successfully maintained her recovery since completing the program approximately one year ago. She graduated high school and is now maintaining employment.



Cathlynn Dugger is a 22 year old who has been in recovery for 19 months. She is currently employed by Cumberland River Behavioral Health as a Certified Youth and Adult Peer Support Specialist. She is working with Reclaiming Futures adolescents because she wants to give back to the program that introduced her to recovery.



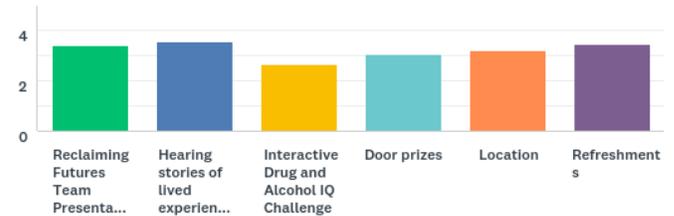
Evaluation

Survey Monkey evaluation disseminated 1.28.19

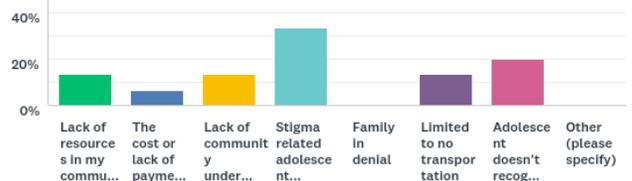
Reporting feedback as of 1.30.19.

32% return rate

Event Activities: Likert Scale 1 - 4



What do you see as the biggest barrier in adolescent substance use treatment?



Exhibitors:

- Aetna
- Bluegrass.org
- Bluegrass Prevention
- Passport Health Plan
- Central Kentucky Riding for Hope
- Kentucky Citizen Foster Care Review Board
- KPFC
- TAYLRD
- The Ridge
- UK CRC

Children's Behavioral Health Matters!



Kentucky Partnership for Families and Children, Inc.

KPFC's vision is that all families raising youth and children affected by behavioral health challenges will achieve their fullest potential.

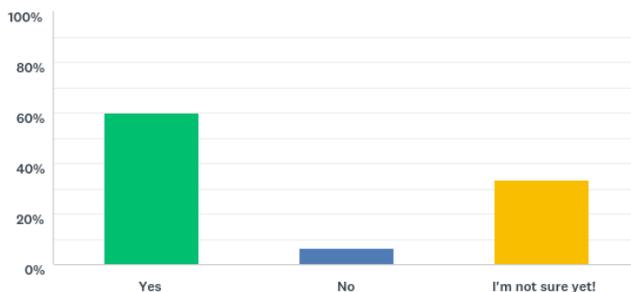
Empowering families and youth across Kentucky affected by behavioral health challenges.



What strategies can we, in Kentucky, utilize to reduce these barriers?

- Increase funding for programs
- More collaboration among agencies
- Trainings, booths at events describing adolescent SUD and treatments that can help.
- Increase Medicaid enrollment and coverage of services
- More awareness-building, particularly in places where young people congregate.
- Targeted messaging about adolescent SUD
- Community involvement
- Develop more programs like the one presented
- More Peer Supports
- Wider use of Reclaiming Futures in the Court System.
- Educate community about drugs
- Social media campaign to reduce stigma.
- More money into programs
- Develop partnerships with non-profits such as Central Kentucky Riding for Hope to deliver services supporting programs and families
- Reducing stigma related to SUD in general, through booths at public events, trainings, etc.
- Parental involvement in child's life
- Increase youth peer supports.

Q9 Do you think Reclaiming Futures should be adopted statewide?



If yes how?

- ✓ Education, lobbying
- ✓ Provide data that supports the success of the program. I would like to see data following the youth for 3-5 years after completion of the program to see how they are doing, i.e. relapse & recidivism rates
- ✓ I had never heard of the Reclaiming Futures program before this event and it sounds like a very effective program. I think the word needs to get out so people are aware of it. Articles about the program, including the data collected, booths at SUD conferences, publish an article? The word needs to get out so this program is promoted and made available across the state. This training was a great way to spread awareness of Reclaiming Futures.
- ✓ Increase awareness
- ✓ You could have the judge proselytize among her judicial peers.
- ✓ The judge made it seem as if the program couldn't be duplicated in other areas